

Drugs



"I know a few lads in my year that have smoked weed. They said it made them feel really chilled out and they laughed a lot. A few days later though, they got really paranoid and thought their mates had told on them to the police. I don't know how it ended but it sounded like too much trouble to me.

I've wondered what it would be like smoking weed but then I think about my ABI and just don't think it would be worth it. My brain is still learning to adjust and smoking cannabis could start to confuse it again. Having an ABI can change the way your brain is working and by taking drugs this can lead to other problems. Like alcohol, drugs are likely to affect your brain much more seriously after an ABI, and taking drugs could become really frightening. I've got my ABI to get over so it is really important that I think carefully about what I put into my body."

