



amy

Body image and ABI

“I was really worried how people would react to me being in a wheelchair. I know some people think its not very cool and I know some people can have a negative attitude towards people in wheelchairs. Luckily, people’s attitudes towards wheelchairs are changing, but if someone does say something unkind to you in school make sure you tell a teacher you trust. You don’t have to put up with it!

I’m hoping I won’t be in a wheelchair forever. It may just be a temporary thing but I need to get used to it too. I might be in my wheelchair for a long time. My wheelchair helps me do lots of things that I wouldn’t be able to do otherwise.

I can still look fashionable and cool too. I can still wear things that the other girls do and I make an effort to look the best as I can. This helps with my confidence and I don’t worry so much about what people think about my wheelchair.”

