



**nurse
anna**

Exams after ABI

“It is very easy to get carried away when you first go back to school. Because everyone sees you are ready to return they can sometimes think that life will now carry on as normal.

You need to be patient with yourself because that isn't the case. The truth is it will take a long time for you to adjust to your ABI properly and you will find schoolwork tricky.

It is probably unrealistic to expect you to go back to school and start doing lots of exams again straightaway. Exams are very stressful and take a lot of studying, concentration and time. If you are having problems learning or feel tired, it can be too difficult for you.

That doesn't mean to say you will never be able to do exams. Some people with an ABI do go on to do some exams and a few GCSEs.

Talk to your teachers if you would like to do some exams and see what they say. They might decide to do an assessment first and see how you are doing with things such as reading and writing. If they think you are ready, they may let you do some exams and they may be able to give you some extra exam time to do it too.

Take every day as it comes. Learn to adjust to your situation and the way things have changed for you and then worry about exams when you are well enough and able.”

