



## Exams after ABI

“It wasn’t until I got back to school that I realised that there was no way I could do my exams soon. I had to focus on re-learning what I used to be able to do before.

This was really hard because I realised that it would take me a bit longer to get where I wanted to be. I could tell the other kids were learning things much quicker than I was but then I remembered that they didn’t have an ABI to adjust to.

Mum told me to stop being so hard on myself and my key worker from the rehabilitation centre made me see that I was doing really well in other ways.

Although most people go through life without having a brain injury, those that do, have a lot on their plate. My key worker made me see that every day I learn to adjust and do something, this is an achievement in itself. Exams didn’t seem so important to me after that.

I know exams help people to go on to do things they wanted to do but I know that things are going to be a bit different for me. I’m doing OK though, I’ve got the support of friends and family so who knows what I will achieve tomorrow.

I know Amy wants to become a vet and is worried about not doing her exams. Well, I don’t have any exams but I still work with animals in my part-time job at the animal sanctuary. Sometimes, there are other ways you can achieve your goals.”

