



Being treated differently after ABI

“There can be a lot of pressure on friends sometimes. It sounds like Amy could have a hard time when she gets back to school. That means there is pressure on me to help her settle back into school after her ABI.

It upsets me when I see people being treated differently just because of who they are or because something is wrong with them. We all have different abilities and different needs. And we all need help from time to time.

All friends can do is try and help each other. This can be hard sometimes and we don't always have the answers. If you are worried about supporting your friend with an ABI when they get back to school, talk to your teachers or to your school counsellor, if you have one.

It's good to help your friends but you also need to know it's not your responsibility to sort out all the problems. You can help but don't feel like you have to do everything on your own.”

