



**mike**

## Senses after ABI

“When I first came out of hospital after my brain injury, I found it really hard to understand what people were saying to me. I could hear them but all the words just seemed to blend into one. I found it really hard and it used to give me headaches.

It got easier overtime and I can make out what people say to me now. Sometimes I struggle, I have to ask them to talk slower and give me some time before I can answer them. Most people are cool about it.

I used to have problems tasting as well. I used to like eating chocolate but now it tastes different. It is really hard to describe. I never used to like rice pudding but I do now!”

