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Epilepsy after ABI

“When I went into hospital I kept having seizures. I have had one or two at home too. They don’t last long but I fall over and my friends find it really scary. I told my doctor and I have to take some medication now. It stops me from having fits all the time and I feel much better.

My mum spoke to my friends and told them all about why I have seizures. She even told them what to do if I have one. My seizures aren’t as bad anymore and hopefully over time I won’t have so many.

It can be frightening though. If you are having seizures, make sure you tell someone at home about how you feel. You might have lots of questions; I did. I asked my doctor to explain to me what was going on. I feel better now I know what is happening to me.”

