



amy

What does rehabilitation mean?

"I feel just like Mike did. I don't want to go to rehabilitation, I just want to go home. I think mum is very worried too and it seems like another big change after all that has happened.

I'm still having problems moving around and I'm very wobbly on my legs. The nurses said that things will get easier over time but I will need some intensive physiotherapy first. They said that is part of the reason I need to go into rehabilitation because there will be lots of physiotherapists there who can help me get back on my feet.

At first I didn't really understand why I couldn't just stay at hospital and have the physiotherapists help me there. The nurses said it's because hospital is for sick people and although I still had problems, I wasn't really sick anymore.

Before I went to the rehabilitation centre, the nurses had to find a rehabilitation centre that was good for me. You can read more about that in the next sections."

